

## Verified with notes by AssuredAI

This content was run through AssuredAI's compliance pipeline on May 17, 2026 at 12:22 AM. The hash chain at the bottom of this document cryptographically links the audit entry to every prior verification — back to the genesis record.

Audit #85

Scenario: healthcare

Latency: 6,165ms

### VERIFIED ARTICLE

Patient <PERSON\_1> (MRN 8842-91-44731) was recently diagnosed with Type 2 diabetes and has started a lifestyle-based treatment plan. Her care team recommends a heart-healthy eating pattern emphasising vegetables, whole grains, lean protein, and low-fat dairy.

Un sourced — editor review recommended (top similarity 0.44)

Adults benefit from at least 150 minutes of moderate-intensity activity each week, such as brisk walking. Limiting sodium to less than 2,300 milligrams per day and avoiding excess alcohol also help maintain healthy blood pressure.

Supported (similarity 0.68) — CDC, CDC, CDC

For follow-up questions about her treatment plan, please contact <PERSON\_2> directly at <EMAIL\_ADDRESS\_1> or at <PHONE\_NUMBER\_1>. Her next appointment is scheduled at the cardiology clinic on the third floor of the main hospital.

Un sourced — editor review recommended (top similarity 0.26)

*'Disclaimer auto-injected by AssuredAI*

### SOURCES CITED · 2

**CDC Preventing High Blood Pressure**  
CDC · <https://www.cdc.gov/high-blood-pressure/prevention/index.html>

**CDC About High Blood Pressure**  
CDC · <https://www.cdc.gov/high-blood-pressure/about/index.html>

### COMPLIANCE METADATA

**OUTCOME**  
i dont know

**SCENARIO**  
healthcare

**PII DETECTED (INPUT)**  
Yes

**PII DETECTED (OUTPUT)**  
No

**DISCLAIMER**  
Auto-injected

**LATENCY**  
6,165ms

**VERIFIED AT**  
May 17, 2026 at 12:22 AM

## CRYPTOGRAPHIC FINGERPRINT

```
previous: cc633320570c71d106145ca86552894cea541c322c7a5a561e8ece07415dd55d  
this:      64ddfc4ada7562348d2334e1aac5829c0cbf2cffcc0aaf79a75b1c2ed19843d0
```

Re-verify this proof at any time: visit </v/85> and click **Verify chain**. Each entry hashes the previous entry's hash with SHA-256, so altering any historical row breaks every entry that follows.