Verified with notes by AssuredAI

This content was run through AssuredAI's compliance pipeline on May 17, 2026 at 12:13 AM. The hash chain at the bottom of this document cryptographically links the audit entry to every prior verification — back to the genesis record.

Audit #83 | Scenario: healthcare | Latency: 5,903ms

VERIFIED ARTICLE

Patient <PERSON_1> (MRN 8842-91-44731) was recently diagnosed with Type 2 diabetes and has started a lifestyle-based treatment plan. Her care team recommends a heart-healthy eating pattern emphasising vegetables, whole grains, lean protein, and low-fat dairy.

Unsourced — editor review recommended (top similarity 0.44)

Adults benefit from at least 150 minutes of moderate-intensity activity each week, such as brisk walking. Limiting sodium to less than 2,300 milligrams per day and avoiding excess alcohol also help maintain healthy blood pressure.

Supported (similarity 0.68) — CDC, CDC, CDC

For follow-up questions about her treatment plan, please contact <PERSON_2> directly at <EMAIL_ADDRESS_1> or at <PHONE_NUMBER_1>. Her next appointment is scheduled at the cardiology clinic on the third floor of the main hospital.

Unsourced — editor review recommended (top similarity 0.26)

'Disclaimer auto-injected by AssuredAI

SOURCES CITED · 2

CDC **Preventing High Blood Pressure**
CDC · https://www.cdc.gov/high-blood-pressure/prevention/index.html

CDC **About High Blood Pressure**
CDC · https://www.cdc.gov/high-blood-pressure/about/index.html

COMPLIANCE METADATA

OUTCOME
i dont know

SCENARIO
healthcare

PII DETECTED (INPUT)
Yes

PII DETECTED (OUTPUT)
No

DISCLAIMER
Auto-injected

LATENCY
5,903ms

VERIFIED AT
May 17, 2026 at 12:13 AM

CRYPTOGRAPHIC FINGERPRINT

```
previous: dc57f64f1c135a1be908c0ecc44f4e6b0d2606064351cbcfa28093500b9a26e6
this:     8122084730d4782cc1e1d98b557686231512ae00e932b0cc48d8818ae0c82931
```

Re-verify this proof at any time: visit /v/83 and click **Verify chain**. Each entry hashes the previous entry's hash with SHA-256, so altering any historical row breaks every entry that follows.