

# Verified with notes by AssuredAI

This content was run through AssuredAI's compliance pipeline on May 16, 2026 at 11:38 PM. The hash chain at the bottom of this document cryptographically links the audit entry to every prior verification — back to the genesis record.

Audit #78

Scenario: healthcare

Latency: 5,420ms

## VERIFIED ARTICLE

Patient <PERSON\_1> (MRN 8842-91-44731) was recently diagnosed with Type 2 diabetes and has started a lifestyle-based treatment plan. Her care team recommends a heart-healthy eating pattern emphasising vegetables, whole grains, lean protein, and low-fat dairy.

Un sourced — editor review recommended (top similarity 0.44)

Adults benefit from at least 150 minutes of moderate-intensity activity each week, such as brisk walking. Limiting sodium to less than 2,300 milligrams per day and avoiding excess alcohol also help maintain healthy blood pressure.

Supported (similarity 0.68) — CDC, CDC, CDC

For follow-up questions about her treatment plan, please contact <PERSON\_2> directly at <EMAIL\_ADDRESS\_1> or at <PHONE\_NUMBER\_1>. Her next appointment is scheduled at the cardiology clinic on the third floor of the main hospital.

Un sourced — editor review recommended (top similarity 0.26)

*'Disclaimer auto-injected by AssuredAI*

## SOURCES CITED · 2

**CDC Preventing High Blood Pressure**  
CDC · <https://www.cdc.gov/high-blood-pressure/prevention/index.html>

**CDC About High Blood Pressure**  
CDC · <https://www.cdc.gov/high-blood-pressure/about/index.html>

## COMPLIANCE METADATA

**OUTCOME**  
i dont know

**SCENARIO**  
healthcare

**PII DETECTED (INPUT)**  
Yes

**PII DETECTED (OUTPUT)**  
No

**DISCLAIMER**  
Auto-injected

**LATENCY**  
5,420ms

**VERIFIED AT**  
May 16, 2026 at 11:38 PM

## CRYPTOGRAPHIC FINGERPRINT

```
previous: ef0264a3c8b078270b7124d0821607c5123425754718b6089eef1ebccef6d81e  
this:      bfd0fae07c596341860d05ea137b6316fe1efbfa71fc24e5b4d6bc0432ba9277
```

Re-verify this proof at any time: visit </v/78> and click **Verify chain**. Each entry hashes the previous entry's hash with SHA-256, so altering any historical row breaks every entry that follows.