

# Verified with notes by AssuredAI

This content was run through AssuredAI's compliance pipeline on May 16, 2026 at 11:13 PM. The hash chain at the bottom of this document cryptographically links the audit entry to every prior verification — back to the genesis record.

Audit #74 Scenario: healthcare Latency: 7,315ms

## VERIFIED ARTICLE

Patient <PERSON\_1> (MRN 8842-91-44731) was recently diagnosed with Type 2 diabetes and has started a lifestyle-based treatment plan. Her care team recommends a heart-healthy eating pattern emphasising vegetables, whole grains, lean protein, and low-fat dairy.

Un sourced — editor review recommended (top similarity 0.44)

Adults benefit from at least 150 minutes of moderate-intensity activity each week, such as brisk walking. Limiting sodium to less than 2,300 milligrams per day and avoiding excess alcohol also help maintain healthy blood pressure.

Supported (similarity 0.68) — CDC, CDC, CDC

For follow-up questions about her treatment plan, please contact <PERSON\_2> directly at <EMAIL\_ADDRESS\_1> or at <PHONE\_NUMBER\_1>. Her next appointment is scheduled at the cardiology clinic on the third floor of the main hospital.

Un sourced — editor review recommended (top similarity 0.26)

*'Disclaimer auto-injected by AssuredAI*

## SOURCES CITED · 2

CDC **Preventing High Blood Pressure**  
CDC · <https://www.cdc.gov/high-blood-pressure/prevention/index.html>

CDC **About High Blood Pressure**  
CDC · <https://www.cdc.gov/high-blood-pressure/about/index.html>

## COMPLIANCE METADATA

<b>OUTCOME</b> i dont know	<b>SCENARIO</b> healthcare
<b>PII DETECTED (INPUT)</b> Yes	<b>PII DETECTED (OUTPUT)</b> No
<b>DISCLAIMER</b> Auto-injected	<b>LATENCY</b> 7,315ms
<b>VERIFIED AT</b> May 16, 2026 at 11:13 PM	

## CRYPTOGRAPHIC FINGERPRINT

```
previous: 9db9159d9ac57f07d36737da899087b598f171a41eb73a9c18635d29fb7870e0  
this:      fdfa31ca83039767bebfa5a0d1d77837efd242cbfdc6656ba8071ce56e8fc064
```

Re-verify this proof at any time: visit </v/74> and click **Verify chain**. Each entry hashes the previous entry's hash with SHA-256, so altering any historical row breaks every entry that follows.